# Aikido Seminar with Sensei Robert Mustard 7<sup>th</sup> Dan

At the Dartford Judo Club, Dartford, Kent 7<sup>th</sup> and 8<sup>th</sup> November 2009



# Location:

Dartford Judo Club
Cotton Lane
Stone
Dartford
Kent
DA2 6PD

## Cost:

Saturday & Sunday £70
One Day (Saturday) £40
One Day (Sunday) £40

BOOK BEFORE 1ST SEPTEMBER AND PAY ONLY £60 FOR BOTH DAYS

### About Robert Mustard Sensei:

Robert Mustard Sensei began his Yoshinkan Aikido training under Takeshi Kimeda Sensei (9<sup>th</sup> Dan) over 30 years ago. After achieving the level of 3<sup>rd</sup> Dan he left Toronto to study at the Yoshinkan Aikido Honbu Dojo in Tokyo. In 1987, Mustard Sensei completed the intense 9-month "Senshusei" training course which is mandatory for the Tokyo Riot Police and Honbu Dojo instructors.

For close to 10 years he trained as a student of Soke Gozo Shioda, founder of Yoshinkan Aikido, Takafumi Takeno Sensei, 9<sup>th</sup> Dan; and Tsutomu Chida Sensei, 8<sup>th</sup> Dan. In 1991 Mustard Sensei was appointed Itaku Shidoin by Shioda Kancho and remained the Chief Foreign Instructor at the Yoshinkan Honbu Dojo until he moved back to Canada in 1995.

Today, Mustard Sensei teaches full-time at his dojo in Vancouver and at clinics and seminars around the world. He his considered to be one of the foremost exponents of Aikido in the world today.

To get a feel for his Aikido, please visit http://www.youtube.com/watch?v=jmndD1pHDaY.

### Location:

The seminar is being held at the Dartford Judo Club in Kent. The dojo is the first purpose-built, state-of-the art world class Judo facility in the UK and is currently being used the British Judo Association in preparation for the London 2012 Olympics.

The facility has excellent transport links, being very close to junction 1 of the M25 as well as several near by railway stations. There is ample off-road parking if you are driving to the venue. For more information, please visit <a href="http://www.dartfordjudoclub.com">http://www.dartfordjudoclub.com</a>

### Accommodation:

There are a number of hotels and travel lodges located within a 5 minute drive of the venue, e.g. Dartford Travel Lodge, Dartford and The Holiday Inn, Bexley.

### Seminar Booking:

Complete the booking form at the end of this document and send it with payment to:
Mark Atkinson
14 Albert Road
Dartford
Kent

Telephone: +44 (0) 7793 189 578 E-Mail: info@meikyokai.com

### Payment:

DA2 7DL

Send cheques payable to "Meikyokai" and send with the booking form.

### Please Note:

- The seminar is open to everyone regardless of affiliation or style of Aikido, or anyone interested in Aikido or aiki related arts.
- Please note that proof of insurance is required and will be checked on the day. If you do not have insurance, this can be provided at a small cost.
- The seminar organisers will not be held liable for injuries received on the course or for the loss of any valuables. Seminar fees will only be refunded if the seminar is cancelled.

# Booking Form Sensei Robert Mustard Seminar 7<sup>th</sup> and 8<sup>th</sup> November 2009

Name:		
Address:		
	Post Code:	Country:
Club:		
Telephone	No.:	_ Date of Birth:
E-Mail Ad	dress:	<del>-</del>
Please tick	the relevant box below	
	h & Sunday 8 <sup>th</sup> November (£70) ST SEPTEMBER AND ONLY PAY £60)	
Saturday 7 <sup>t</sup>	<sup>h</sup> November (£40)	
Sunday 8 <sup>th</sup> 1	November (£40)	
Statement:		
training (proot injuries receiv refunded if th	f to be shown at registration). The semi red on the course or for the loss of any v he seminar is cancelled by the organisers	009, I will hold current, valid insurance for nar organisers will not be held liable for valuables. Seminar fees will only be s. Furthermore, the organisers will take no attend on the part of the participant".
Signature	Date:	
(†	o be signed by parent or guardian if appl	licant is under 18 years of age)
I enclose	a cheque/s for the amount of	f £

Send a cheque, made payable to "Meikyokai", to: Mark Atkinson, 14 Albert Road, Dartford, Kent, DA2 7DL